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Please answer the following questionnaire online.

SEMDSA and other Society members:

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1. Lipid guidelines (SEMDSA recommendations) in patients with diabetes suggest the following composite targets. Which is incorrect?

- a. Total cholesterol < 4.5 mmol/l
- b. LDL cholesterol < 2.2 mmol/l
- c. HDL cholesterol > 1.2 mmol/l (women)
- d. HDL cholesterol > 1.0 mmol/l (men)
- e. Triglycerides < 1.7 mmol/l

2. HbA1c and blood pressure targets suggested by SEMDSA recommendations include the following. Which is correct?

- a. HbA1c < 6.5%
- b. HbA1c < 7.5%
- c. BP < 140/90 mm Hg
- d. BP < 130/85 mm Hg
- e. BP < 120/80 mm Hg

3. A study concerning self-glucose monitoring concludes the following. Which is incorrect?

- a. Healthcare givers provide more accurate visual assessments than patients

- b. Patients overestimate visual self-glucose measurements
- c. Patients underestimate visual self-glucose measurements
- d. Glucose monitors are superior to visual assessments
- e. Inaccurate visual assessments increase diabetes-related morbidity

4. In the laboratory diagnosis of thyroid disorder, the TSH-to-T4 correlation is broken or inverted with the following. Which is incorrect?

- a. Obesity
- b. Calorie restriction
- c. Non-thyroidal illness
- d. Puberty
- e. Levothyroxine replacement

5. Pathological androgen excess in a post-menopausal woman is characterised by the following. Which is incorrect?

- a. New onset hirsutism
- b. A Ferriman-Galway score of 5
- c. Frontal balding
- d. Voice deepening
- e. Cliteromegaly