EDITORIAL

It certainly has been a tumultuous year with international and national events indicating major changes occurring on both the global and South African landscapes. History is a retrospective discipline and tends to produce less precise data (a scientific no no). However, we can anticipate that p-values currently being generated are likely to be cited as highly significant in the history analogues of the future. So let us revert back to more precise science and to our smaller and reassuring world of contemporary endocrinology research.

In this final edition of JEMDSA for 2016 we are represented by one international and four national presentation(s). Our Turkish colleagues (bless their exotic names) discuss new mechanisms in the development of athero-thrombosis and offer conceptual links to platelet volume and paraoxonase activity in diabetic patients (new but unsubstantiated mechanisms). The three local publications are less exotic, but nonetheless offer insights to AGEs levels in patients with T2 diabetes (basic sciences revised), lithium co-enhancement of radio-iodine ablation in hyperthyroidism (of possible translational utility), a review of the challenges inherent in diagnosing ACTH-dependent Cushing’s definitively (some clinical insights gained) and lastly a NOFSA statement on the management of osteoporosis in the elderly (clinical practice and guideline re-visited again).

Happy reading and blessings for 2107.

Jeff Wing